

Price 20p

Brixham Does Care
Brixham Does Care

Registered Charity No. 285847



**TOWN HALL, BRIXHAM
DEVON, TQ5 8LZ**

TELEPHONE NUMBERS

857727 & 856132

BRIXHAM DOES CARE

CHARITY SHOP

TEL.NO. 07783 044939

September



2010

NEWSLETTER

BRIXHAM DOES CARE COMMUNITY ASSOCIATION

FORTHCOMING EVENTS AND NEWSLETTER

SEPTEMBER 2010

The **OFFICE** is open from 10 a.m. until 1:15 p.m.

and 1:45 until 4 p.m. Monday to Friday

We have two telephone numbers:-

857727 and 856132

The **Brixham Does Care Café** where everyone is welcome, is open Monday to Friday from **10 a.m. - 1 p.m.** Hot and cold drinks and light refreshments are available at a minimal charge. You may also join in our afternoon groups or activities. People of all ages meet here and by coming regularly, get to know each other.

In the afternoon this room is used regularly for **Craft Group, Art Group and Bingo.**

Disabled access to the Brixham Does Care Café is available **via a lift** operating from the **ground floor.**

Brixham Does Care has a wide range of services available to members, users, carers and volunteers.

Each individual has a responsibility to assess their own suitability to undertake such activities and groups offered by Brixham Does Care.

If you feel your health, medical condition, mobility or any other reason, would detract from your enjoyment of an activity, group, or outing, or that of other members you should seriously consider your ability to undertake it. We want all those who take part to enjoy themselves to the full.

Regrettably Brixham Does Care cannot accept any responsibility for any injury, loss or damage caused to you and/or your belongings during your participation in any of our events.

WEDNESDAY, 1st SEPTEMBER

2:00 p.m. - 4:00 p.m. The **LADIES WEDNESDAY GROUP** for the disabled and elderly will be held in the **COMMUNITY ROOM**. **Please contact the Office first if you would like to join this group.**

2:00 p.m. – 4:00 p.m. **SCRABBLE GROUP** held in the **GOLD ROOM**.

THURSDAY 2nd SEPTEMBER**FRIDAY, 3rd SEPTEMBER**

2:00 p.m. – 4:00 p.m. **CRAFT GROUP** will be held in the **COMMUNITY ROOM (on 1st floor)**. If you are interested in this group please contact the office for further details.

MONDAY, 6th SEPTEMBER

2:00 p.m.—4:00 p.m. The **MEN'S GROUP** in the **GOLD ROOM**.

2:00 p.m.—4:00 p.m. **ART GROUP** today.

TUESDAY, 7th SEPTEMBER

2:00 p.m. – 4:00 p.m. **A SUPPORT GROUP** held in the **GOLD ROOM**.

2:00 p.m. – 4:00 p.m. **BINGO** in the **COMMUNITY ROOM**.

WEDNESDAY, 8th SEPTEMBER

NO LADIES WEDNESDAY GROUP today.

1:45 p.m. **B.D.C. Staff Meeting**

2:00 p.m. – 4:00 p.m. **SCRABBLE GROUP** held in the **GOLD ROOM**.

BRIXHAM DOES CARES
COACH OUTING - TO MORWELLHAM QUAY
 Departing at 9 am and Returning at 5 pm approximately.

THURSDAY 9th SEPTEMBER

1:00 p.m. - 3:30 p.m. **NEW CHESS GROUP** starts today in the **GOLD ROOM**.

FRIDAY, 10th SEPTEMBER

2:00 p.m. – 4:00 p.m. **CRAFT GROUP** will be held in the **COMMUNITY ROOM (on 1st floor)**. If you are interested in this group please contact the office for further details.

MONDAY, 13th SEPTEMBER

2:00 p.m.—4:00 p.m. The **MEN'S GROUP** in the **GOLD ROOM**.

NO ART GROUP today.

TUESDAY, 14th SEPTEMBER

2:00 p.m. – 4:00 p.m. **A SUPPORT GROUP** for those who have suffered any degree of depression will be held in the **GOLD ROOM**.

2:00 p.m. – 4:00 p.m. **BINGO** in the **COMMUNITY ROOM**.

CARERS GROUP - Going on a trip to **OTTER NURSERIES** at **OTTERY ST.MARY, EXETER**.

Depart at 12 pm, Returning at 4.30 pm approximately.

WEDNESDAY, 15th SEPTEMBER

2:00 p.m. - 4:00 p.m. The **LADIES WEDNESDAY GROUP** for the disabled and elderly will be held in the **COMMUNITY ROOM**. Please contact the Office first if you would like to join this group.

2:00 p.m. – 4:00 p.m. **SCRABBLE GROUP** held in the **GOLD ROOM**.

THURSDAY 16th SEPTEMBER

1:00 p.m. - 3:30 p.m. **NEW CHESS GROUP** starts today in the **GOLD ROOM**.

FRIDAY, 17th SEPTEMBER

2:00 p.m. – 4:00 p.m. **CRAFT GROUP** will be held in the **COMMUNITY ROOM (on 1st floor)**. If you are interested in this group please contact the office for further details.

MONDAY, 20th SEPTEMBER

2:00 p.m.—4:00 p.m. The **MEN'S GROUP** in the **GOLD ROOM**.

2:00 p.m.—4:00 p.m. **ART GROUP** today.

TUESDAY, 21st SEPTEMBER

2:00 p.m. – 4:00 p.m. **A SUPPORT GROUP** for those who have suffered any degree of depression will be held in the **GOLD ROOM**.

2:00 p.m. – 4:00 p.m. **BINGO** in the **COMMUNITY ROOM**.

WEDNESDAY, 22nd SEPTEMBER

2:00 p.m. - 4:00 p.m. The **LADIES WEDNESDAY GROUP** for the disabled and elderly will be held in the **COMMUNITY ROOM**. **Please contact the Office first if you would like to join this group.**

2:00 p.m. – 4:00 p.m. **SCRABBLE GROUP** held in the **GOLD ROOM**.

THURSDAY 23rd SEPTEMBER

1:00 p.m. - 3:30 p.m. **NEW CHESS GROUP** starts today in the **GOLD ROOM**.

FRIDAY, 24th SEPTEMBER

2:00 p.m. – 4:00 p.m. **CRAFT GROUP** will be held in the **COMMUNITY ROOM (on 1st floor)**. If you are interested in this group please contact the office for further details.

10:00 a.m. - 12 p.m. **LEGAL SURGERY - by appointment only**. **Please contact the office to book.**

***** TRAVEL NEWS *****

Coach Bookings are made during **Monday to Friday in the Community Room**. When making your booking if you are a member of Brixham Does Care you will need to supply your membership number. **Non members** are welcome to join in the outings. Seating on the coach will be allocated at time of booking. **Please note when booking we must have a telephone number for each person. We cannot take a group booking under one name and one telephone number.**

PLEASE NOTE:-

**ALL BOOKINGS ARE MADE BETWEEN
10:00 a.m. and 12 NOON.
IN THE BRIXHAM DOES CARE CAFÉ.**

If booking for more than one person **we must have all names of party and individual addresses and contact telephone numbers.**

The **pick up points** for coach outings **going out of Brixham** are at the **back of the new Co-op, the bus stop at Cudhill and the bus stop before Beverley Rise. As well as Churston Golf Club and Windy Corner.**

It is regretted that dogs are not allowed on trips. Electric wheelchairs cannot be accommodated on the coach but you are able to take manual wheelchairs.

If after booking you are unable to go then please notify BDC as soon as possible. **Every effort will be made to re-sell your ticket, however, if this is not possible then unfortunately due to the low cost fares we will be unable to make a refund.**

No refunds will be made prior to the trip and any refunds will only be authorised once the trip has taken place.

***** **TRAVEL NEWS** *****

BRIXHAM DOES CARE - MORWELLHAM QUAY

WEDNESDAY 8th SEPTEMBER 2010.

A unique living museum based around an ancient port and copper mine in the heart of the Tamar Valley.

Walk through the miners homes, ride on the train through the copper mine and see how rope was made all those years ago.

Journey back into another world and meet the Victorian inhabitants of this fascinating historical village.

Members - £15:00

Non Members - £16:00

Prices include return coach and entry including mine ride.

The coach will leave Bank Lane behind the new Co-op at 9 a.m. and will

Return back in Brixham at approximately 5 p.m.

MAIN DIARY ON PAGE 8.

**** **DATES FOR YOUR DIARY IN SEPTEMBER 2010** ****

- WEDS. 8th **SEPT.** B.D.C. STAFF MEETING
- WEDS. 8th **SEPT.** COACH OUTING TO **MORWHELLAN QUAY**
- TUES. 14th **SEPT.** **CARERS OUTING** TO OTTER NURSERIES AT OTTERY ST. MARY, EXETER
- MON. 27th **SEPT.** FISH N CHIPS/FUN QUIZ AT 1.30 p.m. in the B.D.C. CAFÉ
- FRI. 24th **SEPT.** LEGAL SURGERY held at B.D.C. Please contact the office to book an appointment.
- THURS. 30th SEPT. **WALKING GROUP - PRAWLE POINT CLIFF CIRCULAR**

EVENTS AND MEETING DATES FOR 2010

- WEDS. 6th **OCT.** "MEMORIES", BERRY HEAD HOTEL 7pm - 10 pm
- WEDS. 13th **OCT.** B.D.C. ANNUAL GENERAL MEETING 2.30 - 4.30 pm
- THURS. 21st **OCT.** B.D.C. EXECUTIVE COMMITTEE MEETING
- MON. 8th **NOV.** OPEN FORUM 10 am - 12 noon.
- WEDS. 10th **NOV.** PLANNING DAY
- TUES/WEDS. 16/17th **NOV.** LONDON THEATRE TRIP - LION KING
- TUES. 30th **NOV.** COACH OUTING TO ATLANTIC VILLAGE

MONDAY, 27th SEPTEMBER

2:00 p.m.—4:00 p.m. The **MEN'S GROUP** in the **GOLD ROOM**.

NO ART GROUP today.

1:30 p.m.—4:00 p.m. **FISH AND CHIP LUNCH WITH A FUN QUIZ**

TUESDAY, 28th SEPTEMBER

2:00 p.m. – 4:00 p.m. **A SUPPORT GROUP** for those who have suffered any degree of depression will be held in the **GOLD ROOM**.

2:00 p.m. – 4:00 p.m. **BINGO** in the **COMMUNITY ROOM**.

WEDNESDAY, 29th SEPTEMBER

2:00 p.m. - 4:00 p.m. The **LADIES WEDNESDAY GROUP** for the disabled and elderly will be held in the **COMMUNITY ROOM**. **Please contact the Office first if you would like to join this group.**

2:00 p.m. – 4:00 p.m. **SCRABBLE GROUP** held in the **GOLD ROOM**.

THURSDAY 30th SEPTEMBER

1:00 p.m. - 3:30 p.m. **NEW CHESS GROUP** starts today in the **GOLD ROOM**.

WALKING GROUP

The venue this month is

Depart 10 a.m.
from
outside the Town Hall

PRAWLE POINT CLIFF CIRCULAR

*** **NOTES AND NEWS** ***

BRIXHAM DOES CARE - CHESS GROUP
THURSDAY 9th SEPTEMBER 2010

Are you interested in learning to play Chess or would you like to improve on your game!

As from the 9th of September, on every Thursday we will be holding a **Chess Group** in the **Gold Room** for beginners and improvers.

Encouragement and Tuition given. Why not come along Ladies and Gentlemen welcome.

This group will start at 1 p.m. and go on up to 4 p.m.

All Chess sets are provide, just need to bring yourself along. We shall look forward to seeing you on the day.

Any further enquiries please contact the Office and ask for Sheila.

FISH AND CHIP/ QUIZ AFTERNOON

Coming soon Meg is planning a **Fish/Chip/Quiz** in our **Café** for **Monday 27th September**.

Tickets will be available from Tuesday 31st of August.

This event will include a Fish n Chip Lunch plus a sweet to follow, and then either a cup of tea or coffee. There will also be a Fun Quiz - open to everyone.

There are **only 42 Tickets available** on a first come basis.

Tickets are priced at £5:00 per person and are available from the Brixham Does Care Office.

*** **NOTES AND NEWS** ***

MEMORIES ARE MADE OF THIS 3
THE BERRY HEAD HOTEL
WEDNESDAY 6th OCTOBER 2010

Jim and Martyn are your hosts for the evening for **'Memories 3'** to be held at the **Berry Head Hotel** on **October 6th**. If it is possible, we believe it is going to be even better than last year.

This charity show in aid of Brixham Does Care will begin at 7 p.m. for 7.30 p.m.

We will have supporting acts from a variety of artistes which will include:-

The happy feet of CR8tive Dance

Local Band "The Tremors"

Harmony from Alison & Mike

Tina Turner & Duo

Bev and Jay

Pirate Kate's Belly Dancing Belles

Junior members of the Brixham Town Band

With our very own compares Jim and Martyn

There will be a raffle held during the evening.

All Tickets will be on sale from Brixham Does Care office.

Tickets are priced at £5:50 per person

Remember once tickets are available for sale they will go quick !!

LEGAL SURGERY

This service will recommence again on **Friday 24th September 2010**. Please contact the office to arrange an appointment.

BRIXHAM DOES CARE

STAFF

DIRECTOR

Ian Graham

CO-ORDINATOR

Margo

**COMMUNITY
WORKERS**

**Kay, Sheila, Ann,
Maureen, Dana,
Philippa and Emma**

**HANDYMAN/MINI-BUS
DRIVER**

Geoffrey

If you are concerned in any way about the services we offer, do come and speak to someone in the office.

In addition, Martyn Paddon our Chairman, is happy to be approached .

**E-mail brixhamdoescare@yahoo.co.uk or
Visit our website www.brixhamdoescare.org.uk**

Newsletter produced
with the compliments of
T. & I. Stockman
Funeral Directors



Our Logo

| | | |
|------------------|---|-------------------------|
| A person | - | people matter most |
| A smile | - | we look for happiness |
| A simple drawing | - | everybody can be useful |