

# **Brixham Does Care**

**Registered Charity No. 285847**

**Founded 1978**



**Town Hall, New Road,  
Brixham**

**Devon TQ5 8LZ**

**Tel. No. 01803 857727**

**Daily Open door service**

**10am - 1.15pm/ 1.45pm - 4pm**

**Café 10am - 1pm**

**Brixham Does Care**

**CHARITY SHOP**

**Telephone : 07783 044939**

**JANUARY 2012 NEWSLETTER**

**Price 20p**



**Welcome to our January Newsletter.**

***Happy New Year everyone and welcome to our 2012 January Newsletter.***

***I would like to thank everyone on behalf of the staff for the lovely cards and gifts we received. In particular the kind words of thanks. Being part of the staff team is a unique experience, we see people through their difficult times and hopefully at their good times. To know that the staff efforts are appreciated gives the team a huge boost and we are truly grateful.***

***January marks the start of a new group for Brixham Does Care – our knit & natter group which we hope you will enjoy.***

***We are always interested in hearing what any additional groups you would like to be part of so don't be shy, let us know.***

***Margo***

***Good morning little snowdrop,  
so full of Hope and Grace.  
How wonderful to welcome  
your gentle smiling face.***



# **BRIXHAM DOES CARE**

Supporting and supported by The Local Community.

Brixham Does Care was founded in 1978 as a Registered Befriending Charity and has since then been planning, organising and providing local services to the local people.

We need to continue the groups and activities that are set up and ask for your support in the work we undertake. You can help by . . . . .

Becoming a member

Using our café for low cost refreshments and meet friends

Visiting our Charity Shop in Middle Street

Using our facilities and working with us as a fundraiser or as a volunteer

Making a donation

Making a covenant or legacy

Telling your friends and family about the work we do.

Supporting our events and activities.

# JANUARY

## GROUPS AND ACTIVITIES

### MONDAY-

**MENS GROUP** (in the Gold Room) 2 - 4 pm  
9th, 16th, 23rd and 30th January. £1:00 per person.  
£1:00 for transport.

**SINGING FOR FUN** (in the Community Room)  
January. 1:30 - 3:30 pm Monday 9th, 16th, 23rd, and  
30th January. £3:00 per person.

### TUESDAY-

**KNIT & KNATTER** with Val Chapman  
Tuesday 10th, 17th, 24th and 31st January.  
(in the Gold Room) 10.30 - 12.30 pm  
£1:00 per person.

**SUPPORT GROUP** (in the Gold Room) 2 - 4 pm  
3rd, 10th, 17th, 24th and 31st January.  
£1:00 per person.

**BINGO** (in the Community Room) 2 - 4 pm  
3rd, 10th, 17th, 24th and 31st January.  
£1:00 per person plus cost for books to play.

### WEDNESDAY -

**LADIES WEDNESDAY GROUP** (in the Community  
Room) 2 - 4 pm. 4th, 18th and 25th January.  
£1:00 per person plus £1:00 for transport.

**N.B. B.D.C. STAFF MEETING on WEDNESDAY 11th  
January at 1:45p.m. NO Ladies Group today.**

**SCRABBLE GROUP** (in the Gold Room) 2 - 4 pm  
4th, 11th, 18th and 25th January. £1:00 per person.

### THURSDAY -

**CHESS GROUP** (in the Gold Room) 1 - 3:30 pm  
Beginners welcome. 5th, 12th, 19th and 26th January.  
£1:00 per person.

**ART GROUP** (in the Community Room) 2 - 4 pm  
5th, 12th, 19th, 26th January. £1:00 per person.

### FRIDAY -

**CRAFT GROUP** (in the Community Room) 2 - 4 pm  
13th, 20th, and 27th January. £1:00 per person.

## **SERVICES PROVIDED BY BRIXHAM DOES CARE TO PEOPLE OF ALL AGES INCLUDE:-**

- **The Brixham Does Care Café where everyone is welcome, is open Monday to Friday from 10 a.m. - 1 p.m. Hot and cold drinks and light refreshments are available at a minimal charge. You may also join in our afternoon groups or activities. People of all ages meet here and by coming regularly, get to know each other.**
- **Our Café is run by our volunteers, who look forward to meeting you.**
- **Disabled access to the Brixham Does Care Café is available via a lift operating from the ground floor.**
- **Other facilities include:- coach outings, books on wheels, jig-saw lending, form filling, delivery of talking books to the housebound and a range of groups/activities on offer Monday afternoon to Friday afternoon.**
- **A home visiting service, making over 280 visits each month to people in their own homes who are isolated, housebound or vulnerable.**

### **BRIXHAM DOES CARE AIM:-**

- **To support, and be supported by, the local community**
- **To enhance:-**
  - \* **Quality of life, education, health and social Welfare**
  - \* **The independence of vulnerable people**
  - \* **Befriending support to all those in need**

**EVERYTHING WE DO IS IN STRICTEST CONFIDENCE**

## **ABOUT OUR SERVICES AND OUR WORK**

**Brixham Does Care** is a registered Befriending charity which attempts to combat loneliness, isolation and despair. We offer support to people of all ages living in Brixham and surrounding communities.

## **WHAT CAN WE OFFER**

- ▶ Befriending
- ▶ Confidential listening
- ▶ Companionship, groups, activities and outings
- ▶ A home visiting service
- ▶ Volunteering opportunities
- ▶ Benefit promotion and service direction
- ▶ Carers support
- ▶ Weekly Lunch Club
- ▶ Low cost refreshments every Monday - Friday  
10:00 a.m. - 1:00 p.m.

## **WHO ARE WE HERE FOR**

- \*\* Anyone living in Brixham and the surrounding communities
- \*\* All age groups
- \*\* Anyone who is housebound
- \*\* Anyone who is lonely
- \*\* Anyone who has disabilities
- \*\* Anyone who feels isolated
- \*\* Those experiencing stress bereavement or personal problems
- \*\* Anyone in distress

**Supporting and supported by the local community**

## **IN ADDITION**

**We have a team of volunteers who assist with form filling**

**We produce a monthly newsletter which gives information about our services.**

**We welcome any offers of volunteer help:-**

- \* **in the refreshment area**
- \* **driving**
- \* **with our home befriending service**
- \* **delivering library books**
- \* **at fund raising events**
- \* **in our groups and activities etc. etc.**
- \* **in our charity shop**

**If you would like to become a volunteer call into the office for an informal chat about how to go about it and what's involved.**

**We are always in need of fund raising and the support of volunteers.**

## **BRIXHAM DOES CARE OPENING HOURS AND CONTACT DETAILS**

**We have an open door service available  
Monday to Friday 10 a.m. - 4 p.m.  
(closed 1:15 - 1:45 p.m. daily)**

**To find out more - Ring 01803 857727/856132 and  
speak to one of our friendly staff team**

**or E-mail [brixhamdoescare@yahoo.co.uk](mailto:brixhamdoescare@yahoo.co.uk)**

**or Visit our website [www.brixhamdoescare.org.uk](http://www.brixhamdoescare.org.uk)**

**We look forward to hearing from and meeting you.**

\*\*\*\*\* TRAVEL NEWS \*\*\*\*\*

B.D.C. MINI BUS OUTING TO PLYMOUTH  
TUESDAY 24th JANUARY 2012

The mini bus will leave from outside the Brixham Town Hall at 11 a.m. and will leave Plymouth at 3 p.m.

**MEMBERS £4:00      NON MEMBERS £4:50**

\*\*\* NOTES, NEWS AND EVENTS \*\*\*

MEMBERSHIP

**As from January our membership will be £5:00 for the year.**

January will be entered into a draw in March to receive two free tickets to one of our Brixham Does Care events. There will also be increased benefits for people who join and go on our outings. For anyone who plays Bingo membership is compulsory due to Gaming and Lottery rules and regulations. We will have a volunteer available in the café every morning to take your renewals - thank you.

MINCE PIE AND CAROL MORNING

Thank you to everyone who attended Mince Pie Morning at the Baptist Hall. It was a tight squeeze but a lovely morning with entertainment from Brixham Town Band and a group from our very own singing group.

Thanks must also be given to Tesco's and the Co-op who donated some of the mince pies and of course to Phil Marsden and the Baptist Church who came to our aid with the use of their hall at the last minute. As we always say community support is second to none in Brixham. At mince pie morning and on the following Monday with our raffle draw we raised **£435:45.**

\*\*\* NOTES, NEWS AND EVENTS \*\*\*

SPOTLIGHT ON DANA MEMBER OF CENTRE STAFF

Hello, and for those of you who don't know me, my name is Dana and I am a Community Worker here at Brixham Does Care.

It is difficult to describe a typical day here at Brixham Does Care, as no one day is like another, but I will try to give you an idea of what I do.

I am based mainly in the office, and I am the link member of staff for the Support, Bingo and Handicraft Groups, and the Lunch Club that attends the Trawler Pub every week on a Thursday. I am also involved in the day to day running of our charity shop on Middle Street, which is staffed entirely by some of our wonderful volunteers.

I open the shop on two or three days a week, and often close up as well, and I am here to deal with any issues that may arise, although they are few, the volunteers do a fantastic job of running it for Brixham Does Care.

The same goes for my other groups that are also led by volunteers, who all give their time and expertise willingly in their commitment to helping others and helping us to do the same, is outstanding.

When in the office, I sit at the front desk and meet anyone that may come in person to ask for help, or over the phone. They may need information, or want help with filling in a form, or maybe even just to chat something over. If we cannot answer questions, or the form needs more specialised advice than we can give, I will find the right person or organisation who can offer the help needed, contact them, and make sure that they know who to talk to, and where they are if need be.

I will also liaise with other organisations in order to get the necessary assistance for anyone in need.

## **SPOTLIGHT ON DANA MEMBER OF CENTRE STAFF**

I work together with my colleagues in the office and the visiting staff to ensure that once we find someone who is lonely, isolated, vulnerable, or in a need of any help, we work together to change it.

It all makes for a challenging day, but an enjoyable one, and it is nice to know that I have made a difference, or lightened the load that someone is having to carry, even if it is only in a small way.

## **ART GROUP**

As from January our Art Group will meet weekly and would welcome new members. We now have a lovely volunteer tutor called Rose who attends the group fortnightly.

This group costs £1:00 per person - everyone welcome. If you would like more information or you would like to come along and see what we do please contact Emma our link staff member.

## **ALL GROUPS**

All our groups have a staff link member.

Should you wish to discuss any group the link staff member would be happy to meet with you.

Art Group	-	Emma
Men's Group	-	Emma
Bingo Group	-	Dana
Support Group	-	Dana
Ladies Group	-	Philippa/Ann
Chess Group	-	Sheila
Walking Group	-	Kay
Handicraft Group	-	Dana
Scrabble Group	-	Sheila
Singing Group	-	Kay
Knit & Natter Group	-	Emma

## NEW GROUPS

On Tuesday 12th January we will be starting a new group called '**KNIT & NATTER**' with Val. This group will be held in the Gold Room every Tuesday morning 10.30a.m. — 12.30p., If you can knit or would like to learn to knit or do a little crochet, come along to a friendly welcome and a good chat. This group will cost £1.00 per person to include a hot or cold drink. For more information contact Emma in the office.



## SCRABBLE

Due to demand we are looking to run a second scrabble group. This will be offered to new people who have been unable to join our existing group which is full. If you would be interested in joining this group it will meet on a Wednesday morning 10.30a.m. — 12.30p.m., please leave your details with a member of the office staff. The cost of this group will be £1.00 per person to include a hot or cold drink. As soon as we have four people interested we will start the group.



**Happy New Year**

## STAFF

**DIRECTOR**

**Ian Graham**

**CO-ORDINATOR**

**Margo**

**COMMUNITY**

**Kay, Sheila,  
Ann, Maureen,  
Dana, Philippa**

**WORKERS**

**CARERS SUPPORT WORKER**

**Emma**

If you are concerned in any way about the services we offer, do come and speak to someone in the office.

In addition, Martyn Paddon our Chairman, is happy to be approached .

**E-mail [brixhamdoescare@yahoo.co.uk](mailto:brixhamdoescare@yahoo.co.uk) or  
Visit our website [www.brixhamdoescare.org.uk](http://www.brixhamdoescare.org.uk)**

Newsletter produced  
with the compliments  
of  
T. & I. Stockman



### Our Logo

- |                  |   |                         |
|------------------|---|-------------------------|
| A person         | - | people matter most      |
| A smile          | - | we look for happiness   |
| A simple drawing | - | everybody can be useful |